

Deepening Questions for Current Relationship

How are you dishonest in this relationship?

What parts of you do you hide?

How are you really showing up in this relationship? How are you not showing up?

How is your partner different than the one you fell in love with? What differences are welcomed? Which are you having difficulty with?

When you picture us getting married, what comes up for you? (fears or other emotions around this)

When do you like us the best? The least?

What is the one or two thing(s) about you that is really important that I understand?

What are our goals for us this year as a couple?

What can you do to create more romance, caring, nurturing, and honoring in this relationship?

When do you feel loved the most? The least?

What resentments are you holding onto?